Grip-And-Release Test

EVIDENCE

The Grip-And-Release Rest has a category B recommendation in accordance with COSMIN criteria (1-3).

RELIABILITY

Property	Result Summary	Overall Rating	Quality of Evidence	Reference
Reliability	Inter-observer reliability: ICC: 0.99; total sample size: 30	Sufficient	Very low	(26)

VALIDITY

Property	Result Summary	Overall Rating	Quality of Evidence	Reference
Criterion validity	JOA Pearson's correlation: 0.72; total sample size: 30	Sufficient	Low	(26)

RESPONSIVENESS

Property	Result Summary	Overall Rating	Quality of Evidence	Reference
Responsiveness	Grip-and-release test Spearman's rank correlation: 0.69; total sample size: 48	Sufficient	Very low	(27)
	JOA Spearman's rank correlation: 0.32; total sample size: 48	Insufficient	Low	(27)

INTERPRETABILITY

• No formal assessment found

FEASIBILITY

Tool	Time (Min)	Equipment	Training	License	Money	Ease of Administration	Overall Assessment
Grip-And-Release Test	5	Minimal	No	No	No	Minimal barriers	Minimal barriers